

HEALING FROM ANXIETY AND PANIC ATTACKS

—Testimony from an anonymous pilgrim—

As a child, I was molested up until my late teens. At 17, I started having anxiety and panic attacks, which naturally changed my whole personality and view on life. It was a living hell. Through opening up to my spiritual father, I started to have less anxiety and panic attacks, but they were still there.

A couple years later I met my now husband. We started dating but our relationship didn't look promising because my anxiety and trauma were in the way. During that time period, I went to visit Saint Nektarios Monastery. I stayed there for a week, and I heard of his miracle working relics. I was crossed every day for five consecutive days, and felt all of the pain, anxiety, and trauma leaving me! I can't put the feeling into words.

After my healing, my now husband immediately could tell the difference when we spoke for the first time afterwards. Our relationship took off, and we were happily married 1 year later.

I wouldn't be married, let alone in a good state of mind, if it weren't for Saint Nektarios' mercy and healing. Thank you Saint Nektarios, Geronda, and the fathers for creating this beautiful monastery in which so many people have found peace and healing.